

ONE DANCE

Int/Cty

By Little Big Town

Choreo: Naomi Fleetwood-Pyle – 812/579-6979

Wait: 8 Beats

Sequence: A-B-C-A-A-B-C-A-Break-Ending

INTRO:

Disco Hands Rt Hand Up & Then DownXIF -Do This Twice
Soccer Turn DTS Dbl/Up DSRS (1/4 left)
More Disco Shoot your guns to left and to the right
Soccer Turn DTS Dbl/Up DSRS (1/4 left)
DO ALL OF THIS TO MAKE A BOX

PART A:

Eric DTS Dbl/up Rock/Heel*(weight) RS
Triple DTS DTS DTS RS
Thriller DTS/Put Weight on Right Toe & Drag/Slide Lt Ft 3 Times
Triple DTS DTS DTS RS (1/2 Right)
REPEAT ALL OF THIS TO FACE FRONT

PART B:

Vine Pause DTS(ots) DTS(xib) RS(xif) Hold 1 Beat RS(xib) Hold 1 Beat DSRS
2 Unclogs Brush/Up Hit Heel/Step (start with right foot)
Chain DTS (Rt Ft) RS RS RS (1/2 Right)
REPEAT ALL OF THIS TO FACE FRONT

PART C:

Calling Darlene DSRS Pause Kick RS DTS(Rt Ft) Heel(ib) Toe(ib) Heel(ib)
Charleston DTS(Lt Ft) Tch(if) Toe/Heel RS
4 Heel Walks Heel/St Heel/St Heel/St Heel/St (Moving Forward)
REPEAT CALLING DARLENE & CHARLESTON AND DO 2 BASICS TO BACK UP

PART A: Eric, Triple, Thriller, Triple, Repeat

PART A: Eric, Triple, Thriller, Triple, Repeat

PART B: Vine Pause, Unclogs, Chain, Repeat

PART C: Calling Darlene, Charleston, Heel Walks, Calling Darlene, Charleston, Basics

PART A: Eric, Triple, Thriller, Triple, Repeat

BREAK:

Triple Slur DTS(ots) DTS(xif) DTS(ots) Slur(ib) DTS Slur(ib) DSRS (Moving Left)
2 DTS DTS DTS
Triple Slur DTS(ots) DTS(xif) DTS(ots) Slur(ib) DTS Slur(ib) DSRS (Moving Right)
Triple Fwd & Back DTS DTS DTS BR/Up (Fwd) DTS DTS DTS RS (Back)
2 DTS DTS DTS
4 Stomps W/Claps STOMP 4 X's & Clap Hands
2 Janet Kicks Kick Fwd, Bring it Back & Touch OTS-2 X's
Dbl Rock Chug DTS DTS RS Chug
Boogie Baby SRS (angle left & rolls hands) SRS (angle right & roll hands)
Bob That Head Grab head with both hands & go L, R, L, R (Yes, I'm serious)
REPEAT JANET KICKS, DBL ROCK CHUG, BOOGIE BABY & BOB THAT HEAD

ENDING:

Ending is Part C, except when you back up, only do 1 Basic and Stomp Rt Ft