

**LAND OF 1000 DANCES**

By Wilson Pickett

Choreo: Naomi Fleetwood-Pyle – 579-6979

Easy/Fun/Silly/A Little

Bit of Clogging Dance

Wait: He says 1,2,3, 1,2,3 and then Ow -Wait 16 Beats After Ow

Sequence: A-Brk#1-B-C-Brk#2-B-D-Ending

**PART A:**

4 Pony's SRS (1/4 Left) SRS(In Place)-Do 3 More Times To Make a Box (Ponys Are Just Basics Without The Double Toe)-16 Beats

Mashed Potatoes Rt Ft-Twist Toe Twice (ots), Lt Ft-Same- Then Singles R & L-8 Beats

Swim Rt Hand (In Front) Lt Hand (In Front)-Grab Nose,Lt Hand Up in Air & Swim Down & Up-8 Beats

Hands On Hips Rt Hand On Hip, Left Hand On Hip, Bump Back,Fwd,Back,Fwd-8 Beats

Back Bone Roll Upper Body Counter Clockwise-8 Beats

Watusi Bend Fwd, Move Arms Up and Down From Right to Left-8 Beats

Lucy Hair Brushes Brush Hair W/Rt Hand, Then Lt Hand-Repeat-8 Beats

**BREAK #1:**

4 Basics (360) – Finally Some Clogging!!!!

**PART B:**

Na Na's Step Lt Fwd & Clap(Up), Step Rt Fwd & Clap(Up), Step Lt Back & Clap(Down), Step Rt Back & Clap (Down)-8 Beats

Walk Fwd 8 Walks Forward-Shake Hands As You Walk-8 Beats

2 Triples DTS DTS DTS RS, DTS DTS DTS RS-Moving Back-8 Beats

REPEAT NA NA'S, WALKS AND TRIPLES ONE MORE TIME

**PART C:**

(Instrumental)

Doo Waps Step Together, Step Tch – Left & Right- 8 Beats

Rocking Chair DTS Brush/Up DSRS-4/1 Left-4 Beats

Fancy Double DTS DTS RS RS-4 Beats

REPEAT ALL OF PART C 3 MORE TIMES TO FACE FRONT

**BREAK #2:**

Line Dance Step Together Step(1/2 Left) Tch, Repeat and Don't Turn – Then Do All Of This Again to Face Front-16 Beats

Fancy Triples DTS DTS(xif) DTS RS-Left, DTS DTS(xif) DTS RS-Right-8 Beats

**PART B:**

Na Na's, Walks &amp; Triples – 2 X's

**PART D:**

Hands On Hips Rt Hand On Hip, Left Hand On Hip, Bump Back,Fwd,Back,Fwd-8 Beats

Pulp Fiction Sally Rt Hand (xif) Eyes, Then Left and Repeat-8 Beats

Twist W/Lucy Twist-8 Beats

Watusi Bend Fwd, Move Arms Up and Down From Right to Left-8 Beats

Tina Turner Jump Fwd Lt/Rt-Throw Arms Fwd – Jump Back Lt/Rt-Hands On Hips-Do This 2 X's-8 Beats

Finger Snap Snap Fingers 4 X's (Shake Hips)-Then Do 2 Clogging Basics (Yee Haw)

Do The Jerk Jerk Body Fwd, Rt Arm First, Then Lt Arm-8 Beats

Swim Rt Hand (In Front) Lt Hand (In Front)-Grab Nose,Lt Hand Up in Air & Swim Down & Up-8 Beats

**ENDING:**Do Part C-But Only 3 X's-Turn To Front on 3<sup>rd</sup> Rocking Chair & Then Doo Wap