

# DO IT WITH SOUL

Int/Christian

By Soloman Ray

Choreo: Naomi Fleetwood-Pyle & Lagen DeRossett

Wait 16 Beats (After Music Kicks In)

Sequence: A-B-C-D-B\*-C\*-Bridge-B-C\*-Ending

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## **PART A:**

Drag & Loop	DS Dr/St DS Loop/St (Moving Left) (Lt Ft Lead)
Chain	DS RS RS RS –(Moving Left) –( Lt Foot Lead)
Drag & Loop	DS Dr/St DS Loop/St (Moving Right) (Rt Ft Lead)
Chain	DS RS RS RS – (Moving Right) –(Rt Foot Lead)
Sailor Knees	Flap Knees In & Out 4 X's
Karate	DS/Kick (1/2 L) DS/Brush/Up (Lt Ft Lead)
Sailor Knees	Flap Knees In & Out 4 X's
Karate	DS/Kick (1/2 L) DS/Brush/Up (Lt Ft Lead)

## **PART B:**

2 McNamaras	Rock/Hl Step/Step Rock/Hl Step/Step (L & R)
2 Rock Pulls	Rock/Pull/Fwd/Step Rock/Pull/Fwd/Step (Lt Ft Lead)
2 Fleaflickers	Dbl/Up Dbl/Down Dbl/Up Dbl/Down (Moving Back) (Lt Ft Lead)
Fancy Dbl	DS DS RS RS (Lt Ft Lead)

## **PART C:**

SRS W/Hands	SRS (Moving Left) Wave Both Hands In Air (Lt Ft Lead)
2 DTS	DS DS (Rt Ft Lead)
2 Hand Claps	Clap Clap
SRS W/Hands	SRS (Moving Right) Wave Both Hands In Air (Rt Ft Lead)
2 Rocking Chairs	DS/Brush/Up DSRS (Turn ¼ L) DS/Brush/Up DSRS (Turn ¼ L)(Lt Ft Lead)

**REPEAT ALL OF THE ABOVE TO FACE FRONT AND ADD...**

2 Basics	DSRS DSRS
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## **PART D:**

2 Heel Walks	Hl/St Hl/St (Lt Ft Lead)
Rock Slide	Rock Lf Ft (ots) Slide Lt Ft Home & Step (Lt Ft Lead)
Triple	DS DS DS RS (Turn ¼ L) (Rt Ft Lead)

**REPEAT 3 MORE TIMES TO MAKE A BOX**

## **PART B\*:**

	2 McNamaras, 2 Rock Pulls, 2 Fleaflickers, Fancy Dbl
	<b>THEN ADD 2 BASICS</b>
2 Basics	DSRS DSRS

## **PART C\*:**

	SRS/W Hands, 2 DTS, Hand Claps, SRS/W Hands, 2 Rocking Chairs
	<b>REPEAT ALL OF THIS TO FACE FRONT AND ADD 4 BASICS</b>
4 Basics	DSRS DSRS DSRS DSRS

## **BRIDGE:**

2 Drag It Overs	DS DS(if) Drag SRS-Repeat Drag It Over With Rt Ft (Lt Ft Lead)
2 Time Steps	Step(if) RS (Lt Ft) Step(if) RS (Rt Ft) (Lt Ft Lead)
Burton Stamp	DS Stamp/Up Stamp/Up Stamp/Up (Turn ½ Left) (Lt Ft Lead)
Burton Stamp	DS Stamp/Up Stamp/Up Stamp/Up (Turn ½ Right) (Rt Ft Lead)
Hands Up	Both Hands In Air
2 Stomps	Stomp Stomp (L & R)

**PART B:** 2 McNamaras, 2 Rock Pulls, 2 Fleaflickers(Back), Fancy Dbl

**PART C\*:** SRS/W Hands, 2 DTS, Hand Claps, SRS/W Hands, 2 Rocking Chairs

**REPEAT ALL OF THIS TO FACE FRONT AND ADD 4 BASICS**

4 Basics DSRS DSRS DSRS DSRS

**ENDING** 2 McNamaras, 2 Rock Pulls, 2 Fleaflickers(Back), Fancy Dbl

**ADD 4 BASICS TURNING 360**

4 Basics DSRS DSRS DSRS DSRS (360 L) (Lt Ft Lead)